

## Family Break Weekend

Time	Friday	Saturday	Sunday
7 - 8.30am	B r e a k f a s t		
9 - 9.30am		Meditation in the Meditation Room	Meditation in the Meditation Room
9.30 - 10am		Circle Games Outside	Circle Games Outside
10 – 10.30am		Tea Break	Tea Break
		Workshop 10.30 – 11.30	Adventure Mystery! 10.30am
		Bubbles Fun 11.45 – 12.30	
12.30 – 1.30pm	L u n c h		
2 – 3.30pm	Registration (2 - 6pm)	Workshop	
2.30 – 3pm		Meditation for parents in Room 1	
3.30pm – 4pm		Tea Break	
4 – 5pm		Age specific Treasure Hunt	
5 – 6pm		Quiet time	
6 – 7pm		S u p p e r	
7.30pm	Introduction in the Meditation Room	Camp Fire	
	Hot Chocolate 8pm	Hot Chocolate 9pm	
8.30/9.30pm	Curfew	Curfew	